# YOUR GUIDE TO ACRYSOF® IQ VIVITY® INTRAOCULAR LENSES

**LENSES TO MATCH YOUR LIFESTYLE** 



**Alcon** 



### ACRYSOF® IQ VIVITY®

### **INTRAOCULAR LENS**

# A FIRST-OF-ITS-KIND LENS FROM THE GLOBAL LEADER IN EYE CARE

### WHAT ARE CATARACTS AND HOW ARE THEY TREATED?

**Cataracts** occur when the natural lens in your eye becomes cloudy, blocking light from passing through your eye and blurring your vision.<sup>1</sup>

Cataracts develop naturally and may make it difficult for you to participate in daily activities, such as reading, working, or driving.

### Symptoms include:1

- Cloudy or blurry vision
- Dull, fading (yellowish) colours
- Glare or halos from lights
- Trouble seeing at night

The only way to remove cataracts and restore clear vision is through surgery.¹ Modern cataract surgery, which is one of the safest and most effective procedures, replaces your natural cataract-affected lens with an artificial lens called an **intraocular lens (IOL).**¹,²



### WHAT IS THE ACRYSOF® IQ VIVITY® IOL?

The AcrySof® IQ Vivity® IOL is a **non-diffractive extended vision** lens that provides you with a continuous range of vision so you can reduce your need for glasses when performing routine activities after your cataract surgery.<sup>2</sup>

### WHY HAS MY EYE CARE PROFESSIONAL RECOMMENDED THE **ACRYSOF® IQ VIVITY® IOL**?

Your eye care professional has recommended the AcrySof® IQ Vivity® IOL so you can have a continuous range of vision while reducing your need for glasses after cataract surgery.²

### HOW WILL MY NIGHT VISION BE AFFECTED?

The technology in the AcrySof® IQ Vivity® IOL supports your vision in **low light** to help you see well at night.²



# WILL CHOOSING THE **ACRYSOF® IQ VIVITY® IOL** MEAN I NEVER HAVE TO WEAR GLASSES OR CONTACT LENSES AGAIN?

The AcrySof® IQ Vivity® IOL is designed to provide continuous vision for intermediate and far distance tasks while providing functional near visual acuity for tasks such as using your smartphone and/or reading a menu in adequate light, and more.<sup>2</sup>

You may find that detailed tasks (such as reading fine print), can be further optimised by wearing glasses.

You can also aid your comfort for reading with the support of font size adjustments and zoom functions on your smartphone or devices.

### WHAT VISION CAN I EXPECT FROM THE ACRYSOF® IQ VIVITY® IOL?

With the AcrySof® IQ Vivity® IOL, you can expect a continuous range of vision for distant and intermediate tasks, while also providing you with **functional near visual acuity**.<sup>2</sup>

**Functional near visual acuity** reduces your need for glasses when performing up-close tasks such as using your smartphone or reading a menu in adequate light, compared to a basic monofocal intraocular lens.

### HOBBIES AND ACTIVITIES CAN INCLUDE:

#### **FUNCTIONAL NEAR VISUAL ACUITY**

- Playing cards
- Reading restaurant menus in adequate light
- Using your smartphone

#### INTERMEDIATE VISION

- Using a computer or tablet<sup>3</sup>
- Checking your car dashboard
- Preparing meals or cooking

### **FAR VISION**

- Reading traffic and road signs
- Playing sports
- Attending concerts or live events





### WEEK 1 AFTER SURGERY

Ask your eye surgeon how to care for your eyes after surgery, when you can return to your normal activities, and what to watch for (including signs that you should contact your surgeon). The amount of time it takes to adjust to new lenses after cataract surgery can vary by individual.

You will have a follow-up appointment within a week after your surgery.



### YEAR 1 AFTER SURGERY AND BEYOND

It is unlikely your vision will change significantly in the years following your cataract surgery.<sup>4</sup>

Have your vision and eye health tested:5

- At least every 2 years
- If you notice any changes in your vision

#### AcrySof® IQ Vivity® Extended Vision IOLs

#### **Important Product Information**

**INDICATIONS:** The non-diffractive AcrySof® IQ Vivity® Extended Vision IOL Model DFT015 is intended for primary implantation and visual correction of aphakia in adult patients, in whom a cataractous lens has been removed by extracapsular cataract extraction. The lens treats the effects of presbyopia by providing a full range of vision from distance to functional near (40 cm). These IOLs are intended for capsular bag placement only. These lenses are also indicated for refractive lens exchange (RLE).

**WARNINGS:** As with any surgical procedure, there are associated risks. Careful preoperative evaluation and sound clinical judgment should be used by the surgeon to decide the risk/benefit ratio before implanting a lens of this type. This is particularly so in a patient with any of the preexisting or intraoperative conditions described in the AcrySof® IQ Vivity® IOL physician directions for use.

**CONTRAINDICATIONS:** There are no known contraindications to the use of AcrySof® IO Vivity® when used as recommended.

**ATTENTION:** Refer to the Directions for Use labeling for Model DFT015 for a complete listing of indications, warnings and precautions.

#### REFERENCES:

- National Eye Institute Staff. Facts About Cataract. National Eye Institute. Last reviewed: September 2015. Accessed: May 22, 2019. Available at: https://nei.nih.gov/health/cataract/cataract\_facts.
- 2. AcrySof® IQ Vivity® IOL Directions for Use.
- 3. Charness N, et al. Monitor viewing distract for younger and older workers. Proceedings of the Human Factors and Ergonomics Society 52nd Annual Meeting, 2008. http://www.academia.edu/477435/Monitor\_Viewing\_Distance\_for\_Younger\_and\_Older\_Workers. Accessed May 22, 2018.
- 4. Monestam E. Long-term outcomes of cataract surgery: 15-year results of a prospective study. *J Cataract Refract Surg.* 2016 Jan;42(1):19-26. doi: 10.1016/j.jcrs.2015.07.040.
- 5. https://www.nhs.uk/live-well/healthy-body/look-after-your-eyes. Accessed March 16, 2020.



