

Alcon

TAKE CONTROL OF YOUR VISION UNDERSTANDING EYE CONDITIONS

FACTS ABOUT CATARACTS

94 million people worldwide live with visual impairment due to cataracts. Cataracts are a buildup of proteins within the lens of the eye, which develop gradually as our eyes get older1.

If you have cataracts, you may have noticed:2



Clouded, blurred, or dim vision



Reduced quality of night vision



Light sensitivity



Difficulty reading



Frequent changing of glasses prescription



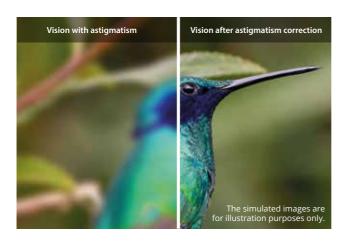
Fading of colors



Double vision in a single eye

UNDERSTANDING ASTIGMATISM

Astigmatism is a common defect in the shape of a cornea that blurs vision and distorts light before it reaches the lens of the eye. If you have astigmatism but don't get it corrected during cataract surgery, you may still need to wear glasses after the procedure.



CLARIFYING PRESBYOPIA

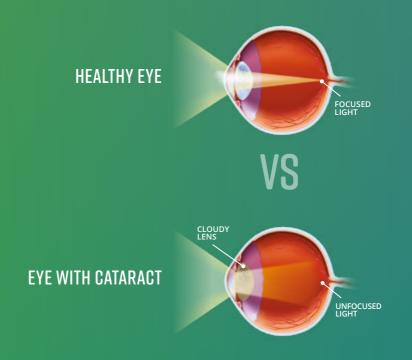
Presbyopia causes you to lose the ability to focus on nearby objects. It's the gradual stiffening of the lens of your eye, which is often still able to focus on distant objects but cannot flex properly for sharp, close-up vision.



SEE LIFE DIFFERENTLY

GET CLEAR ABOUT CATARACTS

Cataract surgery is one of the most common procedures performed today.² It's an opportunity to correct cataracts as well as other eye conditions, such as astigmatism and presbyopia. And the procedure can have a transformative impact on your vision, which may affect your quality of life and your happiness.³



CATARACT SURGERY AT A GLANCE



CATARACT REMOVAL

Through a tiny incision, the surgeon removes your clouded lens.



LENS INSERTION

The surgeon replaces your original lens with a new, artificial lens.

VISION RENEWED

With a new lens, you'll be free from cataracts.







GET READY: Before Surgery

Your vision symptoms will be assessed during an eye exam to diagnose cataracts and your doctor will conduct tests to evaluate your Intraocular Lens (IOL) options. The procedure requires a topical anesthetic with a tiny incision. You will recover at home the same day.



SEE: Life After Cataract Surgery

After your procedure, you will discover renewed clarity in your vision. Life without cataracts is yours to explore.

MOVING FORWARD

1-3 WEEKS

1-3 WEEKS After Surgery

Once your vision has stabilised, depending on your lens, you may be able to more easily enjoy activities like reading, ordering from menus, and doing your makeup or shaving without having to reach for your glasses all the time.⁵

1-2 DAYS After Surgery

You'll have a follow-up appointment the first or second day after surgery, and you may find you have good vision within a few days of surgery. You may notice some glare with bright lights or halos around lights at night. These will become less noticeable over time.⁴

1YEAR After Surgery

1 YEAR

Your vision shouldn't change at this point, but you should visit your eye doctor at least once every 2 years.⁶

KNOW YOUR OPTIONS. FUEL YOUR FUTURE.

MONOFOCAL LENS

A monofocal lens is a basic cataract replacement lens that helps reduce the need for glasses at far distances.

And while you may be able to see with clarity far away, you will likely still need glasses to see up close and at arm's length.^{5,8}



PRESBYOPIA-CORRECTING LENSES

Presbyopia-correcting lenses help reduce the need for glasses at all distances. The options for presbyopia lenses include:

AcrySof IQ Vivity® (Extended vision lenses)

They provide clear vision far away and at arm's length, as well as functional near vision. You may find that detailed tasks (such as reading fine print), can be further optimised by wearing glasses.

AcrySof® IQ PanOptix® (Trifocal lenses)

You'll be able to see far away, at arm's length, and up close.⁷ Visual disturbances such as halos and glare at night might occur after surgery, but usually over time these symptoms become less prominent.

	Monofocal lens	Vivity® (Extended vision lens)	l PanOptix® (Trifocal lens)
Distance vision	re 🗸	✓	✓
Interme vision (✓	✓
Near vi (40cm)	sion 60	√ 60	✓
Minima and gla			
Astigma correct	atism ion	1	✓

60 Patients usually require glasses to see clearly at this distance

✓ Patients usually do not require glasses to see clearly at this distance

SEE SIMPLY WITH MINIMUM DISTURBANCES

The **AcrySof IQ Vivity**[®] lens enables you to see the way you want without hassles.

Approach your night time activities (like driving) with more certainty – and with less glare than trifocal lenses.

92% of AcrySof IQ Vivity® patients reported good or very good vision at arm's length without glasses in bright light.^{1,10,†}

SEE **FREELY** WITH WITH LESS GLASSES RELIANCE

The **AcrySof® IQ PanOptix®** lens helps you see life your way with clear vision far away, at arm's length, and up close with no glasses.

96% of **AcrySof® IQ PanOptix®** patients reported complete independence from spectacles.^{11,§}

99% of patients with the PanOptix® lens would choose the same lens again.^{5,¥}

[†] Results from a prospective, randomized, parallel group, subject-and-assessor-masked, multisite trial of 107 subjects bilaterally implanted with the AcrySof IQ Vivity® IOL and 113 with the AcrySof® IQ IOL with 6 months' follow-up.

[§] Based on feedback from 20 patients after bilateral implantation of the PanOptix IOL.

[¥] In a clinical study of 129 patients with the PanOptix® Lens

BRIGHTER VIEW. BRIGHTER YOU.

Compare the images below to discover





CATARACTS

Cloudy

MONOFOCAL LENS

Clear distance vision only⁸

ACRYSOF IO VIVITY® IOL

Clear distance, enhanced intermediate* and functional near vision8

ACRYSOF® IO PANOPTIX® IOL

Clear distance, enhanced intermediate* and excellent near vision⁷

YOUR VISION. YOUR CHOICE

Whether it's reading, gardening, or driving, we rely on the quality and range of our vision every day.

Learning about what you see and do at certain distances can help you gain a better understanding of what you want to see in your future.

which IOL option is right for you!





CATARACTS

MONOFOCAL LENS

ACRYSOF IO VIVITY® IOL

ACRYSOF® IO PANOPTIX® IOL

^{**}Compared to a trifocal lens



If you have questions about cataracts, you're not alone. Share your questions about cataracts and your hopes for your vision with your doctor.

CATARACT SURGERY



What are the basics of cataract surgery?



What are my intraocular lens options?

GETTING READY

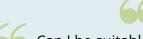


How should I prepare for cataract surgery?



Does my health insurance cover cataract surgery?

YOUR OPTIONS



Which intraocular lens do you recommend for me?

Can I be suitable for a lens that reduces my dependence on glasses?



Will my lens correct my astigmatism?

LIFE AFTER CATARACT SURGERY



What will my vision be like after cataract surgery?



Will I still need glasses after surgery?



Cataract surgery is a once-in-a-lifetime opportunity that affects your every day. While cataract replacement lenses vary in price, choosing an advanced-technology lens is a wise investment for the additional benefits they provide.

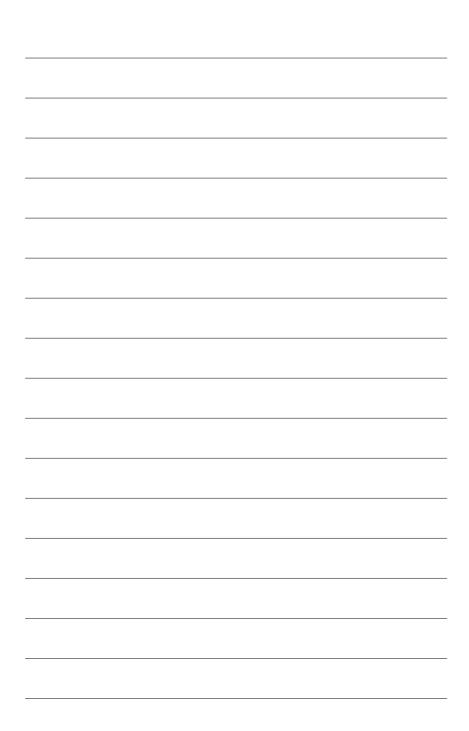
FIND OUT MORE

Ask your doctor about the full suite of Alcon® cataract replacement lens offerings.

FREQUENTLY ASKED QUESTIONS

- How long does cataract surgery take?
- A Cataract surgery is an outpatient procedure that is usually completed within 10 to 20 minutes. 12
- How long does it take to recover from cataract surgery?
- A Recovery time is based on the person and the case, but most people rest for a few hours after surgery. Your doctor may recommend that you wear a protective shield over your eye for several days.
- Can I drive after cataract surgery?
- A It's recommended that you don't drive for up to 24 hours after your cataract surgery, so you'll need to ask a friend or relative to drive you home.

- Can I fly after cataract surgery?
- A Most people are able to fly within a few days, but you should ask your doctor at your follow-up visit if you are cleared to travel.
- O Can I exercise after cataract surgery?
- A Generally, you should avoid strenuous activities for a few weeks after cataract surgery. Talk to your doctor if you have questions about certain activities.
- How long do cataract replacement lenses last?
- A IOLs are very durable and usually last a lifetime. The lens you choose will make a big difference in your vision after surgery. By investing in your vision, you're investing in your future.



Please refer to relevant product Directions For Use for complete list of indications, contraindications and warnings: https://ifu.alcon.com

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